

Subj: **Cory---Flyer for Understanding Yourself and Others Workshop -- April.**
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4th--Understanding Yourself and Others - Workshop **April 3rd, 4th and 5th - 2009**

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**Break Through Unconscious
Barriers
Holding You Back!**

See Testimonials Below!

*A Team of Loving, Caring, & Wonderful
People Helping You Create the Peace
You've Always Wanted in Your Life!*



April 3rd, 4th and 5th-- 2009

**You Are Invited
to a Fantastic Workshop
Bringing YOU Peace!**

***Sign Up Now
If you plan to Attend!***

Dr. Paul Haider--"The UYO Workshop Changed My Life"



Learn Hands on Skills to Help You Discover:

Your Unconscious Beliefs!

How to Redefine Your Goals and Dreams!

How to Achieve More Joy & Satisfaction in Your Life!

How to Overcome Self-Imposed Limitations!

How to Embrace New Challenges!

How to Strengthen Relationships!

How to Communicate More Effectively!



How to Take More Risks & Create the Extraordinary!

How to Develop Self Confidence & Personal Power!

Find New Directions, Passion, and Purpose in Your Life!

"Alien Skin in Green", Puerto Rico by Dr. Paul Haider - www.phphotoart.com

Carlos Acevedo - Testimonial

"New World Consulting"

English

I have been attending experiential workshops for 30 years---and this one has been very special. The individualized attention and the "family" atmosphere was instrumental in creating the space for a unique and profound experience. It is now common knowledge that our unconscious beliefs and experiences greatly influence our present behaviors and choices. UYO offers a high-impact arena for healing the roots of many unconscious activities. The way the facilitators work with the participants is unique in that there is absolutely NO force or confrontation---there is only a consistent loving invitation to share and release. Those of us who are on the path towards being more awake and aware deserve this experience.



Spanish

He asistido a talleres de la experiencia durante 30 años --- y este ha sido muy especial. La atención individualizada y la "familia" la atmósfera fue instrumental en la creación del espacio para una única y profunda experiencia. Ahora se sabe que nuestro inconsciente creencias y experiencias influyen en gran medida nuestro comportamiento actual y las opciones. Uyo ofrece una escena de alto impacto para la cicatrización de las raíces inconscientes de muchas actividades. La forma en que el trabajo de los facilitadores con los participantes es único en que no hay absolutamente ninguna fuerza o el enfrentamiento --- sólo hay un amante de invitación a compartir y liberar. Aquellos de nosotros que estamos en el camino hacia el ser más despierto y consciente de esta experiencia merece.

Zulma Rodriguez - Testimonial

"Psychologist"

English

I am a skeptic when it comes to "workshops" "that promise change, but this "UYO" delivers what it promises. Of course, you have to put your heart into it and BELIEVE it can be done. I think it is very, very helpful for people in any profession that work emotionally with others as we tend to get so involved (really, without wanting to) that we are so exposed to emotional, psychological and spiritual burnt out. So I am sending notification of the next Workshop to my colleagues, friends and relatives and urging them to attend.



Universal Love, Zulma

Spanish

Soy un escéptico cuando se trata de "talleres" que prometen el cambio, pero este "Uyo" entrega lo que promete. Por supuesto, usted tiene que poner su corazón en él y creemos que se puede hacer. Creo que es muy, muy útil para las personas en cualquier profesión que el trabajo emocional con los demás como nos tienden a involucra tanto (en realidad, sin querer) que estamos tan expuestos a la emocional, psicológica y espiritual quemado. Por tanto, estoy enviando la notificación de la próxima Taller para mis colegas, amigos y familiares e instándolos a participar en la reunión.

El amor universal,

Zulma

Todd Tolson - Testimonial

"Numerologist"

English

UYO was the most profound experience I could ever imagine. I went in with no expectations just an open mind. I left with a gift that I will carry for the rest of my life. I had been in a desert period for sometime. This weekend gave me the opportunity to address some core beliefs that I feel were blocking my current growth. Ironically the flood gates opened the day of graduation, and I started to receive more blessings than I already have or could imagine. The instructors were patient, compassionate and were able to cut to the chase of many of the issues presented during the workshop with ease and empathy. This workshop is a must for everyone who chooses to take control of their life through self-growth and understanding. I will always feel a cosmic connection with the instructors, other participants and the assistants. I thank the universe for bringing this blessing into my life. Love, Gratitude and Blessings.



Spanish

Uyo fue la más profunda experiencia que pudiera imaginar. Fui con las expectativas no sólo una mente abierta. Me fui con un regalo que voy a llevar para el resto de mi vida. Yo había estado en un período de algún desierto. Este fin de semana me dio la oportunidad de abordar algunas creencias básicas que creo se bloqueó mi actual crecimiento. Irónicamente la inundación puertas abiertas el día de la graduación, y empecé a recibir más bendiciones que ya tengo o pueda imaginar. Los instructores fueron paciente, compasivo y fueron capaces de cortar a la persecución de muchos de los temas presentados durante el taller con facilidad y empatía. Este taller es una necesidad para todos los que opta por tomar el control de su vida a través de auto-crecimiento y la comprensión. Siempre me siento una conexión cósmica con los instructores, los demás participantes y los asistentes. Doy las gracias al universo por traer esta bendición en mi vida. Amor, gratitud y bendiciones.

Letha Sines -- Testimonial

"Director, Offices of the Chancellor and Provost
University of California, Davis"

English

I made the decision to attend the UYO workshop because frankly my life felt "stuck." My heart just wasn't in line with my head anymore and it finally became clear - what did I need to still learn about myself?

UYO guided me to the answer and my life now feels back on track, my spirit is renewed, and I am more at peace throughout each day. The real proof has been in the reactions from my family and my colleagues. Let's just say I'm not stuck anymore!



Spanish

Tomé la decisión de asistir al taller de "Entendiéndote a ti mismo y a los demás", porque francamente me sentía frustrada. Mi corazón no estaba alineado con mis pensamientos y finalmente se hizo claro: ¿Que necesitaba aprender de mi misma?

Este taller me guió hacia la contestación y siento que mi vida está nuevamente encaminada, mi espíritu renovado y me siento en paz a través de cada día. La verdadera prueba está en la reacción de mis familiares y mis colegas. ¡Solo digo ya no me siento atrapada ni frustrada!

Hector J. Albaladejo -- Testimonial

"Computer & Information Specialist"

Spanish

Le doy las gracias a todos aquellos que estuvieron en el taller. Hoy les puedo decir que después de unas semanas de reflexión y aplicación de lo aprendido y en un trabajo constante en mi persona. Estoy mas centrado, dispuesto y con una perspectiva a esa exquisita situación agri dulce que llamamos vida. Espero no ser el único que comparta por este medio para, así continuar la amistad y dinámica de grupo.



English

I thank everyone at the workshop! Today I can say that after weeks of reflection and application of the things I learned at UYO, I am now in a state of constant work on myself. Now I am centered, willing and have a much better perspective on this exquisite bittersweet situation we called life. I hope not to be the only one to share, thus to continue the dynamics of our group and great friendships I found at UYO.

Luis Miguel Rico - Testimonial

"Owner of Hacienda Verde"

Spanish

Este es el mejor taller del cual he participado y me lo recomendó mi terapeuta el Dr. Paul Haider en San Juan, el es de California y se especializa en esta área.

Este taller te conecta con tus creencias que no permiten que tengas lo que quieres en la vida. Te permite ver tu vida y la vida de otros desde una perspectiva del amor y te permite descubrir tus perspectivas equivocadas. Te enseña a descubrir tus creencias conflictivas y te brinda maravillosas herramientas para obtener balance y armonía, Te enseña a conocerte y ver la armoniosa naturaleza de todo.

En esencia te ayuda a conocerte a ti mismo y a aprender a relacionarte con las personas de una forma más armoniosa- a abrir tu corazón- y todo te hace una persona más feliz.



English

This workshop is the best I have ever take, and it was the recommendation of my therapist Dr. Paul Haider in San Juan, who is from California, and specialises in this area. This workshop connects you with your unconscious limiting beliefs that are keeping you from having what you want in life. It allows you to see your

life and the lives of others from the perspective of love and discover your mistaken perspectives. It teaches you to see your conflicting beliefs and it gives you marvelous tools to achieve balance and harmony. It teaches you to know yourself and to see the harmonious nature of it all.

In essence it helps you to know yourself and learn to relate to people in a more harmonious way --- and to open your heart ---all of it makes you a happier person.

Ana Guzman Torres - Testimonial

"Director of Nuestra Escuela"

Spanish

UYO ha sido la más importante y reveladora experiencia de aprendizaje y crecimiento espiritual de mi vida.

Pude identificar no sólo cómo me relaciono, sino porqué lo hago de determinada forma. Pude encontrar además respuesta a las preguntas ¿porqué me siento infeliz si no tengo motivos para estarlo? ¿porqué me siento vacía y sola, aún acompañada? Quisiera que cada ser humano descubra cuales son nuestras creencias, tome acción sobre ellas y utilice el poder que vive en cada uno de nosotros. Gracias a UYO por devolverme a mi misma, por devolverme mi vida.

A hug, Ana

English

UYO has been for me the most important and revealing learning experience of spiritual growth in my life.

I could identify not only how I relate to other people, but why I go about it in such a determined way. I could also find answers to the questions: Why do I feel unhappy if I don't have any reason to be unhappy? Why do I feel lonely and empty if I have company? I want every human being to discover what their positive and true beliefs are, and take action to use their power that lives inside each and every one of us.

Thank you UYO for giving me my life back!

A hug Ana



Justo Méndez Arámburu- Testimonial

"CEO of Nuestra Escuela"

Spanish

Tuve el privilegio de participar del primer taller "Understanding Yourself and Others" (UYO) que se celebró en Puerto Rico como iniciativa y meta incansable del Dr. Paul Haider. Mi esposa y yo hemos participado de todas las oportunidades de crecimiento personal y espiritual que llegan a nuestro alcance en Puerto Rico, República Dominicana y Estados Unidos. Esta es, sin duda, la de mayor transformación que hemos experimentado. En nuestro caso nos ayudó a sanar heridas acumuladas en nuestro matrimonio y actualmente disfrutar de todo el amor y pasión que merecemos. Gracias a Dios, a la vida y a Paul por esta oportunidad.



English

I had the privilege of participating of the first workshop of UYO, "Understanding Yourself and Others", that took place (was celebrated) in Puerto Rico as an initiative and long time goal of Dr. Paul Haider. My wife and I have participated of all the opportunities of personal and spiritual growth workshops that are within our reach in Puerto Rico, Dominican Republic and the United States. Without a doubt, this workshop has made the biggest transformation that we have experienced. In our case it helped us heal the accumulated wounds in our marriage and we can now enjoy all the love and passion we deserve. We thank God, Life and Paul for this opportunity.

Milagros Rosa - Testimonial

"College Student"

English

Wow, where to begin? Well, I have to admit that I did not want to attend the UYO Workshop, but my grandmother insisted, so I went. I have to say that it has been the best thing that has happened to me in quite some time now. I forgot that it was a workshop, and started seeing it as a family reunion. That being said, the dynamics of this workshop are incredible. Builds up your trust, confidence and ability to communicate. Definitely I came out being a better person, knowing a bit more about myself and willing to learn more about others and what they have to offer. Conquering my own fears was my biggest deal in that workshop, and I have to say that I am coming across pretty fine! I would definitely recommend it to everyone, its a learning experience, which you shouldn't miss.



Spanish

Guau, ¿dónde empezar? Bien, yo tengo que admitir que yo no quise asistir al Taller de UYO, pero mi abuela insistió, para que yo fui. Yo tengo que decir que ha sido la cosa mejor que realmente ha pasado ahora a mí en algún tiempo. Yo me olvidé que era un taller, y empezó la vista él como una reunión familiar. Eso que se dice, la dinámica de este taller es increíble. Las figuras a su confianza, confianza y habilidad de comunicar. Definitivamente yo salí de ser una persona buena, mientras sabiendo un pedazo más de mí y para aprenderá más sobre otros y lo que ellos tienen que ofrecer. ¡Conquistando mis propios miedos era mi trato más grande en ese taller, y yo tengo que decir que yo estoy encontrándome con la multa bonita! Yo lo recomendaría definitivamente a todos, su una experiencia de aprendizaje que usted no debe extrañar.

Manuel Ortiz - Testimonial

"Business and Personal Coach"

English

"My friend Paul Haider invited me to UYO and my first response was: "I've been to so many of these workshops before". He responded: "Yeah, me too, this one is different." I trusted him and attended, and you know what: it's true. He said it to me and I'm glad I listened. Now I write it to you and I trust you'll read it and 'get it': THIS ONE IS DIFFERENT. I'm not writing this testimonial at the last hour of the event - a common practice to catch people while they're still 'high' . As you read this, you're 'catching' me 5 weeks after attending. I'm using the tools AND I'm feeling my very best way after the usual 1-2 week 'honeymoon period' is over. Go for it. Attend. THIS ONE IS DIFFERENT.



Spanish

"Mi amigo Paul Haider me invitó a UYO y mi primera contestación era: "Yo he sido a tantos de estos talleres antes". Él respondió: "Sí, yo también, este uno es diferente". yo confié en él y asistí, y usted sabe eso que: es verdad. Él lo dijo a mí y yo me alegro que yo escuché. Ahora yo lo escribo a usted y yo confío usted lo leerá y 'lo consigue': ESTE UNO ES DIFERENTE. Yo no estoy escribiendo este testimonio a la última hora del evento - una práctica común para coger a las personas mientras ellos todavía son 'alto.' Como usted esto leyó, usted es 'cogiendo' yo 5 semanas después de asistir. Yo estoy usando las herramientas Y yo estoy sintiendo mi manera muy mejor después de la 1-2 semana usual 'el período de la luna de miel' ha terminado. Venga ya. Asista. ESTE UNO ES DIFERENTE.

Mabel Lassalle - Testimonial

"Director of Latin American Area - Alliance for the New Humanity"

[English](#)

The Understand Yourself and Others Workshop is a beautiful revealing process of self discovery. The participants become close friends - family and the facilitators are impressively one of the best I have ever seen. This is a powerful program to share with your partner and family.

[Spanish](#)

El programa de Entiendase a usted mismo y a los demás, es un hermoso proceso revelador de auto-descubrimiento. Los participantes se convierten en sus amigos cercanos-familia y los facilitadores son impresionantemente de lo mejor que jamás haya visto. Este es un programa poderoso para compartir con su pareja o familia.



Lino Fragoso - Testimonial

"Fragoso Enterprises"

[English](#)

I was impressed with the UYO personnel and how they managed to address the specific emotional needs of each participant during their experience and producing a breakthrough in each and every case. WOW!!

[Spanish](#)

Yo estaba impresionado con el Uyo personal y cómo se las arreglaron para abordar las específicas necesidades emocionales de cada uno de los participantes durante su experiencia y producir un gran avance en cada caso. WOW!!



Tai Sines - Testimonial

"Information Technology Specialist - University of Calif."

[English](#)

I was filled with the energy and deep feelings inspired by all of you, the feelings that I came to Puerto Rico to find within myself, I sat for about three hours of our flight home with my eyes closed, wiping tears from my cheeks. If the other passengers noticed, perhaps they thought I had an eye disease. In truth, I was experiencing the joy of having a loving family at the beginning and end of my trip. And simply the joy of 'feeling', newly emerged.

[Spanish](#)

Yo estaba lleno de la energía y profundos sentimientos inspirados por todos



ustedes, los sentimientos que me vino a Puerto Rico para encontrar dentro de mí, me senté cerca de tres horas de vuelo de nuestra casa con los ojos cerrados, trapos de limpieza y las lágrimas de mis mejillas. Si los otros pasajeros notado, tal vez pensé que tenía una enfermedad de los ojos. En verdad, yo estaba experimentando la alegría de tener un amante de la familia al principio y al final de mi viaje. Y simplemente la alegría de la 'sensación', recientemente aparecido.

Beth Lefevre - Head Instructor

"Owner of Global Relationship Centers Boca Raton, FL"

What are the beneficial results of attending UYO™?

You will experience yourself as more genuinely powerful, flexible and able to courageously express

yourself. Beliefs that you upgrade during the UYO™ course will stay

with you effortlessly and provide useful and rewarding

improvements in your life. You will discover an expanded view of hope, love and positive connections with others. You will also have the necessary tools to express yourself in ways that magnify these discoveries. www.grcbocaraton.com



"Understanding Yourself and Others" will be taught in Spanish and English by instructor Beth Lefevre, Owner of the Boca Raton Center in Florida. Beth is totally fluent in Spanish, her husband is from Peru. There will be one more instructor and 10 assistant to help.



"Evening Catch, Morning Sun", Puerto Rico by Dr. Paul Haider - www.phphotoart.com

I have attended this workshop many times and it has changed my life! I have attended all the other workshops

out there... Landmark, Lifespring, Mindspring, Est and many more... and I know this is the best of the best!

"Understanding Yourself and Others" comes from the heart with results that will influence your life forever!

Dr. Paul Haider

This workshop is part of Global Relationship Centers

Bruce Price -- UYO Instructor

"Consultant & Instructor for GRC"

Bruce's dream is to empower and encourage people to expand their comfort zones, and to embrace all of life's challenges with a sense of joy and possibility. Fundamental to Bruce's core beliefs is that all things get done by and through people.



Early in his career, Bruce discovered that the key to making things happen at work depended on effectively interacting with people. He became increasingly interested in the dynamics of human behavior and began formal study of practical applications of Individual Psychology (based on the work of Dr. Alfred Adler and Dr. Rudolph Dreikurs) at Global Relationship Centers (GRC) in Austin, Texas in 2001. He is on the faculty at GRC, and Principal consultant for the Corporate Services Group.

Bruce often says, "I believe that I may have learned more growing up on a farm than I did in college".



"Ocean of His Silence" Photograph by Dr. Paul Haider--go to

www.phphotoart.com



Details About Workshop

Date:

**Friday Evening
April. 3rd**

Saturday 4th



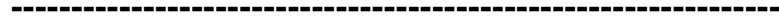
Sunday 5th

"Wash of Blue " Big Sur, CA by Dr. Paul Haider

& Monday Evening 6th-Graduation!

There is a new Court Yard Marriott right next door where people can stay during the workshop. For Room Reservations call 787-721-7400 and tell them you are part of the "Understanding Yourself and Others" Workshop to they will give you the special rate of \$130 per person - single or double occupancy.

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Or you can go to [www.hotels.com](http://www.hotels.com) and find rates from \$69 per night and up in San Juan--great deals right now.!



## Location of Workshop

**Israel Rodriguez and Partners**

**Advertising Company**

**807 Ponce de Leon,**

**Stop 11, Miramar, San Juan, PR 00907**



**Price**



**Workshop \$495 per person or \$895 per couple**

For more information about this life changing workshop call:

**Dr. Paul Haider at (787) 759-8351 or (831) 869-9119**  
Email - [relax@paulhaider.com](mailto:relax@paulhaider.com)

CALL NOW TO RESERVE YOUR SPACE!

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